

**REGION OF QUEENS MUNICIPALITY
REGULAR COUNCIL
TUESDAY, FEBRUARY 23, 2016
8:40 A.M.**

PRESENT: Mayor Christopher Clarke, Chair
Councillor Darlene Norman
Councillor Brian Fralic
Councillor Jack Fancy
Councillor Susan MacLeod
Councillor Raymond Fiske
Councillor Peter Waterman
Richard MacLellan, Chief Administrative Officer
April Whynot-Lohnes, Municipal Clerk
Christine Watson, Recording / Management Secretary

REGRETS: Councillor Bruce Inglis

1.0 CALL TO ORDER:

Mayor Clarke called the meeting to order at 8:40 a.m.

2.0 CHANGES / APPROVAL OF AGENDA:

It was moved by Councillor Fralic and seconded by Councillor Fiske that the Agenda be approved as presented.

MOTION CARRIED unanimously.

17.2 In-Camera, Contract Negotiations MGA 22(2)e

It was moved by Councillor Fralic and seconded by Councillor MacLeod that the proceedings go "In-Camera" at 8:40 a.m. to discuss the following:

17.2 In-Camera, Contract Negotiations MGA 22(2)e

MOTION CARRIED unanimously.

It was moved by Councillor Fiske and seconded by Councillor Norman that the proceedings come out of "In-Camera" at 8:55 a.m.

MOTION CARRIED unanimously.

3.0 PRESENTATION(S):

3.1 RCMP Monthly Report – January 2016

S/Sgt. MacDougall was in attendance to give an overview of the January 2016 Police Report (copy attached to original set of Minutes). The report outlined the activities of the Queens District over the last month.

S/Sgt. MacDougall introduced the new District Commander, Derek Smith, who will be his replacement and thanked Council for their support while in his position here the past two years.

Kim Masland, Senior Safety Coordinator, and Cst. Rob James, Community Policing Officer, were welcomed to Council to give a presentation on Queens County Seniors Safety Association and provided a breakdown of services offered (copy attached to original set of Minutes).

There are Senior Safety Coordinators in 13 counties and approximately 700 senior visits are made a year. The Queens SSC presently works 2 days a week, and is the only coordinator in Nova Scotia that does not work full time.

3.2 Queens Community Health Board – Tara Smith / Louise Hopper

Tara Smith, Chair and Louise Hopper, Coordinator, were in attendance to give an overview of the Queens Community Health Board and the services the organization offers (copy attached to original set of Minutes).

In summary, Ms. Smith said a copy of the Queens Community Health Board 2013-2018 Health Plan will be provided to the Municipality and asked for feedback as well as help to promote their initiatives:

- Reinstatement of the MPAL Program;
- Create edible landscapes;
- Promote 211;
- Explore the need for after school time period;
- Continue liaison at QCHB meeting; and
- Engage CHB in RQM community planning.

3.3 Sexual Assault Services Lunenburg / Queens – Dianne Crowell / Stacey Godsoe

Dianne Crowell and Stacey Godsoe, Co-coordinators, were in attendance to give an overview of the Sexual Assault Services – Lunenburg & Queens Counties and what the organization provides (copy attached to original set of Minutes).

Some highlights included:

- 24-7 Support Line;
- Queens General, Fisherman's' and South Shore Regional now have trained nurses / nurse practioners to assist;
- Second Story / Harbour House granted \$230,000 to set up program;
- Only service in province that offers mental health care;
- Worked with police forces by developing trauma impact training.

17.2 Concession Services - QPEC

It was moved by Councillor Fancy and seconded by Councillor MacLeod:

THAT Council of the Region of Queens Municipality approve the Confidential Agreement with the Region of Queens Municipality and Kingfisher Foods & Catering – A Division of 3024965 Nova Scotia Limited for the Management and Operation of Concession Services at Queens Place Emera Centre effective April 1, 2016.

Stewart Jenkins, Kingfisher Foods & Catering, was welcomed to Council and provided a brief outline of anticipated hours and menu that will be offered. The contract takes effect on April 1, 2016.

MOTION CARRIED unanimously.

4.0 **TABLING OF PETITIONS:**

There were no petitions to come before this meeting.

5.0 PUBLIC QUESTION / COMMENT SESSION:

David Dagley, 9 Meadow Pond Lane, Liverpool – Mr. Dagley offered his thanks and appreciation to Councillor Norman for her contribution to the South West Nova Biosphere Committee and welcomed Councillors Fiske and Fralic.

Mr. Dagley enquired about the hours of the Concession at QPEC and if an Asset Inventory has been compiled. Mayor Clarke stated the hours of operation were being planned and the inventory has been completed.

Mr. Dagley asked if the concession agreement would have a financial advantage to which Mayor Clarke responded that it would be revenue positive.

6.0 APPROVAL OF MINUTES:

6.1 Council Minutes – January 26, 2016

It was moved by Councillor Fralic and seconded by Councillor Waterman:

THAT the minutes of the Regular Council meeting held on January 26, 2016 be approved as circulated.

MOTION CARRIED unanimously.

7.0 DANGEROUS OR UNSIGHTLY PREMISES:

There were no dangerous or unsightly premises presented at this meeting.

8.0 ECONOMIC DEVELOPMENT:

8.1 Proposed Privateer Farmers Market

It was moved by Councillor Norman and seconded by Councillor Fiske:

THAT the Council of the Region of Queens Municipality refer the request made by Privateer Farmers' Market Co-operative contained in their letter of January 25, 2016 to staff for consideration and report back to Council.

Jill Cruikshank, Director of Economic Development, said the market has operated for the last two summers in the Privateer Park and are looking for a permanent indoor facility to hold the market on a year round basis.

Mayor Clarke indicated a report will be brought back to Council within the next two months once investigations are complete.

MOTION CARRIED unanimously.

8.2 2016 Explore Queens Guide

It was moved by Councillor Norman and seconded by Councillor Fralic:

THAT the Council of the Region of Queens Municipality grants pre-budget approval for the Economic Development Department's Investment in the 2016 Explore Queens County Guide at a cost of \$3500.00 (plus applicable taxes) from the Brochure Update and Productions line in the 2016/17 operating budget.

Jill Cruikshank, Director of Economic Development, said the Region has participated in this Guide for a number of years and has a good partnership with

The Advance. Copies of the guide are handed out during the Saltscapes Expo, goes to The Advance subscribers and visitor information centers throughout the province and will be made available online.

The requested amount is unchanged from last year and pre-budget approval is required as work needs to begin on creating the content for this year's Guide.

MOTION CARRIED unanimously.

9.0 CORPORATE SERVICES:

9.1 Tax Exemption Bylaw

It was moved by Councillor Fiske and seconded by Councillor Waterman:

THAT Council of the Region of Queens Municipality gives first reading to a Bylaw respecting Tax Exemptions.

Jennifer Keating-Hubley, Director of Finance, said the list of properties included in the Tax Exemption Bylaw are properties for not for profit and charitable organizations. The Prince of Wales Lodge in Milton has a new location and the Vishwa Nirmala Dharma Ed property has their exemption listed at a taxable value of 50 percent; thereby not exempting the commercial piece.

The total revenue forgiven for these properties is approximately \$248,000 based on the 2015-2016 tax rates.

It was noted that Council is not obligated to offer these exemptions but the Region is proactive and supports these organizations as they provide services to the Region.

MOTION CARRIED unanimously.

9.2 2016 Municipal and School Board Elections

It was moved by Councillor Fiske and seconded by Councillor Fralic:

- 1) **"THAT Council of the Region of Queens Municipality appoints Edward (Ted) Bulley as the Returning Officer for the 2016, Municipal and School Board Election."**
- 2) **"THAT Council of the Region of Queens Municipality appoints Shelley Connolly and April Whynot-Lohnes as Assistant Returning Officers for the 2016, Municipal and School Board Election."**
- 3) **"THAT Council of the Region of Queens Municipality set Thursday, October 6, 2016, as the date for the first Advance Poll for the October 2016 Municipal and School Board Elections."**
- 4) **"THAT Council of the Region of Queens Municipality utilize for the purposes of the 2016 election the most recent voters list from the provincial election with the added updates from the 2015 federal election."**
- 5) **"THAT the following schedule of fees be set for the purpose of the 2016 Municipal and School Board Election:**

Returning Officer		\$25.00/hr.
Advance Poll	Deputy Returning Officer	\$225.00
	Poll Clerk	\$175.00

Regular Polls	Deputy Returning Officer	\$175.00
	Poll Clerk	\$125.00
Training / Travel		\$ 50.00
Mileage		Municipal Rate
Hall Rental		Actual Costs
Printing of Ballots		Actual Costs
Supplies		Actual Costs
Advertising		Actual Costs”

- 6) “THAT Council delegates the authority to appoint the Returning Officer and Assistant Returning Officer(s), set the tariffs and fees schedule, and determine the date for the advance poll for all future Municipal and School Board Elections to the Chief Administrative Officer.

MOTION CARRIED unanimously.

10.0 ENGINEERING AND WORKS:

- 10.1 Solid Waste Collection Tender – No. SW-01-16

It was moved by Councillor Waterman and seconded by Councillor Fancy:

THAT Council of the Region of Queens Municipality recommend that Tender #SW-01-16 for the Collection of Solid Waste from April 1, 2016 – March 31, 2021, be awarded to G.E.’s All Trucking Limited for a total contract price of \$3,070,367.29, excluding HST.

Brad Rowter, Director of Engineering & Works, said that only one tender was received. They have provided this service for the Region in excess of 15 years and have provided a good service. This contract is payable over 5 years and compared to previous years the overall increase amounts to 7.8%.

MOTION CARRIED unanimously.

- 10.2 Residual Solid Waste Tender – No. SW-02-16

It was moved by Councillor Waterman and seconded by Councillor Fiske:

THAT Council of the Region of Queens Municipality recommend that Tender #SW-02-16 for the Residual Solid Waste Transfer from Yarmouth, Clare and Digby, from April 1, 2016 – March 31, 2021, be awarded to G.E.’s All Trucking Limited for the quoted unit price as set out in the Form of Tender in Tender No. SW-02-16.

Brad Rowter, Director of Engineering & Works, said two tenders were received and G.E.’s was the low bid by 1.9%. The contract is for a five-year period to transfer residual solid waste from Yarmouth, Clare and Digby. G.E.’s is the current contractor and has provided good service.

MOTION CARRIED unanimously.

- 10.3 Region 6 Solid Waste Management - 2016/2017 Budget

It was moved by Councillor MacLeod and seconded by Councillor Fralic:

THAT Council of the Region of Queens Municipality approves the Region 6 Solid Waste Management proposed budget for the year 2016/2017.

Scott LeBlanc, Solid Waste Management Clerk, stated Region 6 serves 13 municipalities including Queens Municipality. The fees associated with the administering of the finances by the host unit have increased from \$5,500 to \$9,000 which includes administration costs and are billed quarterly.

MOTION CARRIED unanimously.

11.0 FINANCE

11.1 3rd Quarter Financial Statement Review

Jennifer Keating-Hubley, Director of Finance, said the statements are for 9 months ending December 31, 2015. The uncollected taxes are in a better position than this time last year, as of mid February, by \$110,000.

Some unbudgeted expenses are the Call Center repairs to the A/C unit and the Queens Place Emera Center overages.

The question was asked if the equalization payment has been received and Ms. Keating-Hubley indicated that it has not; however, the request has been submitted. The comment was made that equalization payments are behind; Ms. Keating-Hubley indicated that this is a timing issue and remaining two quarters shall be forthcoming.

12.0 RECREATION AND COMMUNITY FACILITIES:

COUNCILLOR MACLEOD DECLARED A CONFLICT OF INTEREST AND LEFT AT 11:05.

12.1 Volunteer Training Grant Request

It was moved by Councillor Fralic and seconded by Councillor Fancy:

THAT the Council of the Region of Queens Municipality approve a Volunteer Training Grant of \$360.00 to the CJQC Radio Association for two of their members to attend the National Community Radio Association Conference in June of 2016, to be funded from the Community Grants and Program budget line of the Recreation and Community Facilities Department.

Norm Amirault, Director of Recreation and Community Facilities, said that applications were received from CJQC Radio Association and the application met the criteria for the grant program.

MOTION CARRIED unanimously.

COUNCILLOR MACLEOD RETURNED TO CHAMBER AT 11:07.

12.2 Representative Volunteers Selection Process

Norm Amirault, Director of Recreation and Community Facilities, reviewed the success of the Ripple Effect and provided Council with two options for selecting the Region's representatives for the Provincial Volunteer awards ceremony in Halifax. The consensus was to draw names from a hat and Leon Robertson, member of the public, drew the names.

It was moved by Councillor MacLeod and seconded by Councillor Fiske:

THAT the Council of the Region of Queens Municipality approve that Jamie Long of Brooklyn and Bonnie Wentzell of Mill Village be named the 2016 Representative Volunteers for the Region of Queens

Municipality, and that Council express its sincere appreciation to them, all other nominees to the "Ripple Effect", and volunteers in Queens for their dedication and service on behalf of our residents.

Mr. Amirault read the bio's submitted for the two winning volunteers.

Mayor Clarke indicated that a local recognition for all volunteers will be held at a future event.

MOTION CARRIED unanimously.

12.3 Atlantic Canadian Championship Grant Request

It was moved by Councillor Fralic and seconded by Councillor Fancy:

THAT the Council of the Region of Queens Municipality approve a Tournament Assistance Grant of \$500.00 to the Atlantic Canadian Championship for bantam female hockey April 7 – 10, to be funded from the Community Grants and Program budget line of the Recreation and Community Facilities Department.

Norm Amirault, Director of Recreation and Community Facilities, stated a request has been received from the organizers of the Atlantic Canadian Championship for bantam female hockey, which is a new event for Queens. It will take place on April 7 – 10 at the Queens Place Emera Centre. The application met the criteria for this grant program.

The question was asked whether there were other financial resources available to assist as this event will have a beneficial impact on the area. Mr. Amirault, stated the policies are limited to funding amounts and any decisions to go over and above the amounts is a decision of Council.

MOTION CARRIED unanimously.

13.0 PLANNING:

There were no items to come before this meeting.

14.0 QUEENS PLACE EMERA CENTRE:

There were no items to come before this meeting.

15.0 REPORTS

Items 15.1 and 15.2 were included in the agenda package as information:

- 15.1 Bylaw Enforcement Officer's Monthly Report – January 2016
- 15.2 Building Inspector's Monthly Report – January 2016

16.0 OTHER:

- 16.1 Age Friendly Communities – Discussions

This item was deferred to the next regular council meeting scheduled for March 8, 2016.

17.0 IN-CAMERA ITEMS

It was moved by Councillor Waterman and seconded by Councillor Fiske that the proceedings go "In-Camera" at 11:25 a.m. to discuss the following:

17.1 In-Camera, Contract Negotiations MGA 22(2)e

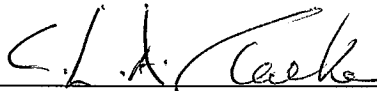
MOTION CARRIED unanimously.

It was moved by Councillor MacLeod and seconded by Councillor Fancy that the proceedings come out of "In-Camera" at 11:55 a.m.

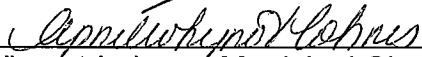
MOTION CARRIED unanimously.

18.0 ADJOURNMENT

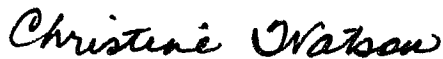
There being no further business, the meeting adjourned at 11:55 a.m.



Mayor Christopher Clarke, Chair



April Whynot-Lohnes, Municipal Clerk



Christine Watson, Recording / Management Secretary

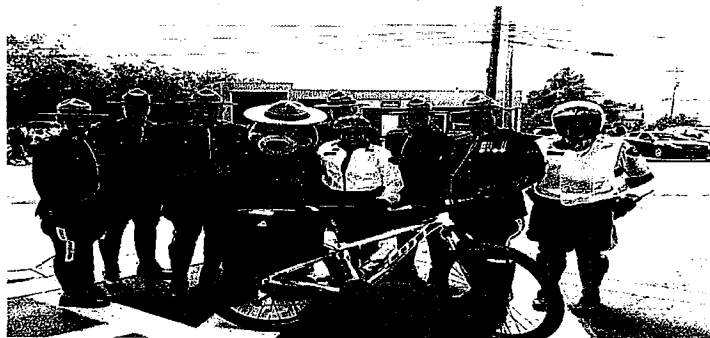
Date Approved: March 8, 2016



Royal Canadian Mounted Police

Queens District

January 2016 Police Report



PERSONNEL:

The personnel assigned to Queens District consists of the District Commander, two (2) Corporal Supervisor positions, ten (10) Constables and two (2) Detachment Assistants. The total complement for Queens Detachment is fifteen persons. One of the Constables positions remains designated as Crime Prevention/Victim Services coordinator and another Constable as the Residential Policing Officer for the North Queens area. In addition to the fifteen mentioned above, there is one Provincial position designated for South Shore Traffic Services.

TRANSFERS:

- S/Sgt. MacDougall's transfer is upcoming. The closing on his home is March 17th. Sgt. Derek Smith from Bridgewater has been named as the new District Commander for Queens RCMP.
- Cst. Laura Cormier has received a transfer to Ontario, she has started the process of preparing for relocation.
- Cst. Levy has resumed her duties after being off on Maternity Leave

MAYOR'S REPORT: Calls for service in January 2016 have decreased by twenty from the previous month for a total of 210. A total of twenty two checkpoints were conducted throughout the Detachment area for January 2016. There were two persons incarcerated in the month of January.

Daily and hourly occurrences

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	UNKNOWN	TOTAL
NUMBER OF EVENTS ->	21	26	22	29	27	43	42	0	210
0:00 TO 3:59	3	3	1	3		2	5		17
4:00 TO 7:59		4		1	3		1		9
8:00 TO 11:59	5	5	7	11	5	9	6		48
12:00 TO 15:59	4	5	4	8	4	14	13		52
16:00 TO 19:59	8	7	5	4	9	10	7		50
20:00 TO 23:59	1	2	5	2	6	8	10		34
UNKNOWN HOUR									0

Breakdown by month:

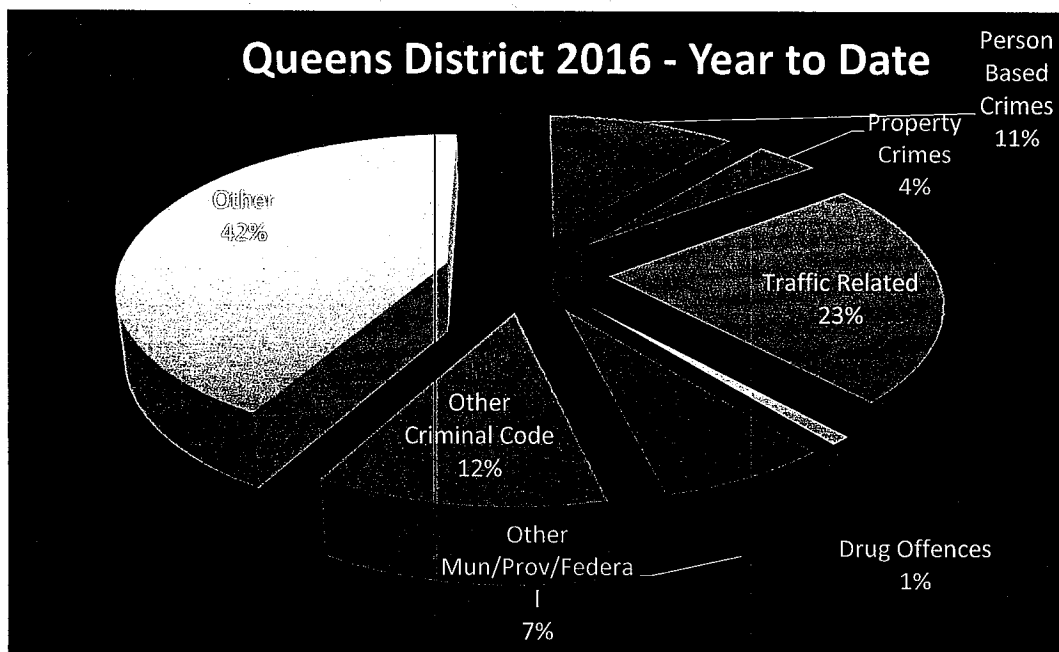
<i>Month</i>	<i>Number of occurrences</i>	<i>Percentage of total</i>
January	199	94.8%
February	0	0.0%
March	0	0.0%
April	0	0.0%
May	0	0.0%
June	0	0.0%
July	0	0.0%
August	0	0.0%
September	0	0.0%
October	0	0.0%
November	0	0.0%
December	11	5.2%
<i>Unknown</i>	<i>0</i>	<i>0.0%</i>
Total	210	100%

Breakdown by day of the week:

<i>Weekday</i>	<i>Number of occurrences</i>	<i>Percentage of total</i>
Sunday	21	10.0%
Monday	26	12.4%
Tuesday	22	10.5%
Wednesday	29	13.8%
Thursday	27	12.9%
Friday	43	20.5%
Saturday	42	20.0%
<i>Unknown</i>	<i>0</i>	<i>0.0%</i>
Total	210	100%

Breakdown by time of day:

<i>Time</i>	<i>Number of occurrences</i>	<i>Percentage of total</i>
0:00 - 3:59	17	8.1%
4:00 - 7:59	9	4.3%
8:00 - 11:59	48	22.9%
12:00 - 15:59	52	24.8%
16:00 - 19:59	50	23.8%
20:00 - 23:59	34	16.2%
<i>Unknown</i>	<i>0</i>	<i>0.0%</i>
Total	210	100%



2016 Monthly Count

File Type	January	February	March	April	May	June	July	August	September	October	November	December
911 Act	13											
Arson	0											
Assault	10											
Assist Other Agencies	5											
Break and Enter	5											
Causing Animals/Birds Unnecessary Suffering	0											
Checkstop	22											
Crime Prevention	8											
CDSA- Possession	2											
CDSA - Trafficking	0											
Criminal Harassment	2											
Disturbing the Peace	3											
Drive while Prohibited (Criminal Code)	0											
Fail to Comply w/Court Order	9											
Firearms Act	0											
Firearms Offences	1											
Fraud	4											
Harassing Communications	1											
Impaired Operation	3											
Liquor Control Act Offences	4											
Littering	0											
Lost/Found Items	3											
Mental Health Act	6											
Mischief	5											
Missing Person	2											
Municipal Bylaws	0											
Off Road Vehicle Offences	4											
Property Check	1											
Provincial Wildlife Offences	0											
Robbery	0											
Sexual Assaults	3											
Theft Under \$5000	3											
Theft Over \$5000	0											
Theft of Motor Vehicle	0											
Traffic: Moving Violations	25											
Traffic: Non Moving & Parking	8											
Traffic: Fail to Remain	1											
Traffic: Traffic Collisions	11											
Uttering Threats	7											
Other Criminal Code Offences	0											
Other Calls for Service - Non Offences	39											
Total File Count	210											

Community Policing Officer Report:

The following is a breakdown of the activities of the Community Policing Officer for January:

- 4 days leave, 1 stat holiday.(attended a meeting(5 hours) on one vacation day anyway) registered 4 sex offenders.
- Participated in the Crime Prevention breakfast on a day off.

- 1 day training (CEW)
- 4 broadcasts on QCCR.
- Attended Schools Plus meeting.
- Met with a local subject at the request of schools plus to resolve a domestic violence situation.
- Met separately with the subject of a/n complaint to complete the resolution.
- Attended the monthly Crime Prevention meeting.
- Completed a mandatory on line training course.
- Attended an autopsy in Halifax.
- Attended a Hybrid Hub meeting in Bridgewater.
- Obtained civil fingerprints.
- Provided a witness statement regarding an internal investigation.
- Conducted LiDar at Greenfield school.
- Attended North Queens Community School.
- Conducted one address verification for the Sex Offender registry.
- Occurrence investigations.
- 2 press releases.
- Prep work for presentations (ie. drafting power points, meeting with representatives, etc.)

Senior Safety Report December:

First report as Senior Safety Coordinator with first day on the job 4th January.

Much of the month was dealing with logistical items of security checks, insurance, email etc.

Thanks extended to Constable Rob James and Constable Laura Cormier for making this transition an easy on along

8 work days in January consisted of:

- Visited individually with 9 clients at Meadow Brook Manor in South Brookfield
- Visited individually with 8 clients at Lakeview Apartments in Caledonia
- Received four (4) new referrals from Members which has resulted in seniors becoming part of the program
- Received three (3) new referrals from community members
- Interview with Lighthouse NOW which was printed on January 20,2016 – photo with Staff Sgt. Paul MacDougall
- Briefings with the Seniors Community Health Team
- Organized a Falls Prevention Information session which was cancelled due to storm
- Phone interview with Carla Malay, North Queens Community Links Coordinator to partnership on work shops and information sessions in North Queens.
- Attended an Alzheimer recognition afternoon with residents of North Queens Nursing Home and community members with approximately 50 in attendance.
- Set up a social media account called Queens Senior Safety Association which will be a source of information for seniors
- Attended a webinar of Age Friendly Communities and how we can reduce isolation
- New Board Member of the Queens Care Society attending 2 meetings
- Attended a community input session on how to make our community age friendly with approximately 100 people in attendance
- Attended a Queens County Senior Safety Association Meeting
- Completed grant application documentation and delivered to the Region of Queens.

It is hopeful the awarding of this request is favourable as the demand on the program is beyond 2 days a week.

207 km driven

Hours worked- 77 + 25 overtime hours

INVESTIGATIONS OF INTEREST:

2016/01/09 14:54: RCMP attended residence in Liverpool for a complaint of an assault, a 51 year old male was arrested and charged as a result.

2016/01/17 12:42: RCMP attended a 911 call at the local gas station two males involved in an altercation. A 38 year old male was charged with assault.

2016/01/15 15:34: Complainant called to report a break into the residence on School Street. Jewellery and an electronic tablet missing. Investigation completed with a 16 year old male charged.

2016/01/16 17:55: Complainant reports house must have been broken into and she must have left the back door unlocked. She did not notice until a day later. Laptop, charger and Bluetooth speaker stolen. Investigation completed with a 16 year old male charged.

2016/01/23 10:48: Complainant reports that his unlocked house was entered during the daytime when everyone was away and several items were stolen. Investigation completed with a 16 year old male charged.

2016/01/23 20:16: Police responded to single vehicle MVC. Car in ditch on the Eastern Shore Road. No injuries or entrapment. Patrol made. Writer found driver behind wheel, revving engine trying to extricate vehicle from ditch. A 46 year old male was arrested and charged with impaired operation.

Paul MacDougall, S/Sgt.

District Commander

RCMP Queens

**QUEENS COUNTY
SENIORS SAFETY
ASSOCIATION**

QUEENS COUNTY SENIORS SAFETY ASSOCIATION

**Kim Masland, Coordinator
Queens RCMP Detachment
130 Shore Road**

Liverpool, Nova Scotia

BOT 1K0

902-354-5721

902-350-0231 Cell

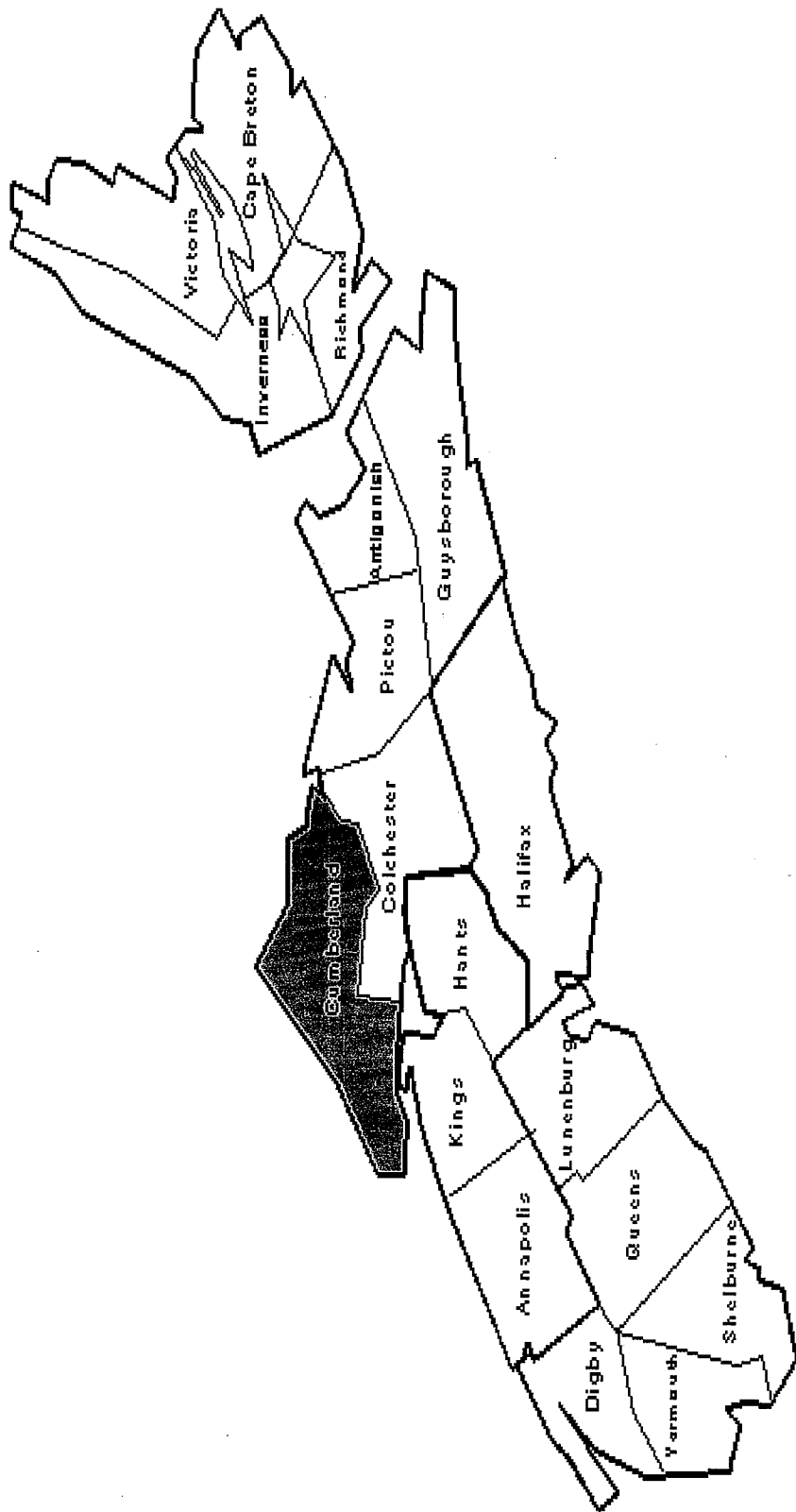
Kim.masland@rcmp-grc.gc.ca

WHO WE ARE

- In existence for more than a decade
- Registered non profit board
- Board of Directors includes representatives from Queens District RCMP – Community Policing Officer, VON Queens Branch, Senior representatives and Members at large
- Coordinator is responsible for the operational and administrative functions of the program
- Closely affiliated with Queens RCMP (housed and supervised by Community Policing Officer

SENIOR SAFETY IN NOVA SCOTIA

- In Nova Scotia there are presently 13 counties running this program..



SENIOR SAFETY COORDINATORS IN SOUTH WEST NOVA



MASLAND K

WHAT WE DO

- **The Seniors Safety Programs provide a broad range of safety services, free of charge, available to every senior in Queens County. The program provides and promotes information to enhance personal safety and home security; increases awareness and reduces victimization of seniors targeted by consumer frauds, scams, and identity theft; brings increased awareness to the issues and factors involved in the detection and the prevention of senior abuse; promotes the wellbeing, independence, and safety of seniors in their homes and in their communities; and works to build partnerships, supports, and engagement with seniors, the police, and with our community partners who share in the vision.**

HOW WE DO IT

- Offer support and advocacy for seniors to address their concerns and safety issues.
- Provide information and referrals
- Help seniors feel safer at home, respected and valued
 - Safety check in calls
 - Represent the program on community coalitions and committees as appropriate

HOW WE DO IT

- Organize workshops, academies and information sessions on various issues that are important to seniors such as driving clinics, safety in the home and on the streets, latest cons/frauds/scams, senior abuse, legal matters, health issues, medication safety, fire safety, emergency preparedness, identity theft, falls prevention, safe banking, addictions, mobility issues, vital of life, home repair grants, living alone, loss and grief and Department of Seniors.

REFERRALS


- RCMP
- VON
- Seniors Community Health Team
- Continuing Care
- Doctors
- Other Senior Safety Associations
- Family
- Friends
- Community Members

OUR RELATIONSHIP WITH THE RCMP





From left, Staff-Sgt. Paul MacDougall of the RCMP Queens Detachment and the newly-minted senior safety coordinator for Queens, Kim Masland. Seniors have a new voice in Queens County.



■ With the installment of a Seniors' Safety Coordinator program, "H" Division R.C.M.P. have reached a "No turning back" scenario. Police recognize the traditional policing model of simple response/investigation regarding seniors complaints, is no longer sufficient to meet their needs in resolving a conflict into which police may become involved. The SSC position helps bridge the gap between traditional police involvement in a community, ie. enforcing the law, and the recognition that care should be extended to seniors after the investigation is over as their needs may extend beyond a simple resolution to a legal matter. This might include victim services and trauma treatment, "grey areas" whereby it may be difficult to define which agency should respond to their individual problems, or simply offering a sympathetic ear to someone needing to talk. All serve to cement the relationship between police and the residents of their community.

**LOCAL BERWICK DETACHMENT,
MUNICIPAL LEADERS, SENIOR SAFETY
COORDINATOR**



OUR RELATIONSHIP WITH SENIORS COMMUNITY HEALTH

- **Work very closely with Dementia Network - A team of Health Care Professionals such as Dietitian, Nurse, Occupational Therapist, Pharmacist, Physician, Physiotherapist and Social Worker**
- **Their goal is to work with seniors and their families, physicians and other health care providers, partners and agencies to improve seniors quality of life.**

Healthier People Living in Healthier Communities

VON- QUEENS BRANCH

- The Vial of Life program stores vital health information including physician and pharmacist contacts, allergies and other medical information in a vial in the refrigerator. A fridge magnet alerts emergency services that the client is part of the Vial of Life program during a crisis in the home
- Vehicle sharing

OUR PARTNERS

Financial Support

- Province of Nova Scotia- Senior Safety Grant
- Queens Community Health Board
- VON Queens Branch
- Region of Queens
- Insurance Bureau of Canada
- RCMP - In Kind

“Alone we can do so little; Together we can do so much”-

Helen Keller

DEMOGRAPHIC IN 2016 IS REAL

- **The demographic of our aging population we face today and in the future is real.**
- **Nova Scotia has the highest proportion of seniors in the Country; with 1000 Nova Scotian's turning 65 every month. More locally, at home, 1 in 4 residents in the Region of Queens are over the age of 64. It is an alarming statistic and one that we take seriously.**
- **More and more seniors are living in isolation, fear and suffering from loneliness.**
- **Scams/Cons and Fraud is happening everyday in our communities**
- **Elder abuse is increasing each day**


CHAMPIONS TOGETHER

We need to be Community Champions to ensure seniors are living independently, healthy and safely in their homes.

Nova Scotian's are living longer and the need for an increased level of support is required.

Programs like this reduce the burden on acute hospital beds and long term care facilities - and keep our residents living in our communities - our Region .

Together we can continue to be a welcoming, safe, vibrant community for all.



■ We as a generation are going to be judged by how we treat our older generation.

■ Partnership is needed.

Presentation to Region of Queens Municipality
February 23rd, 2016

° **QUEENS COMMUNITY
HEALTH BOARD**



The Kids Food Fair at Dr John C Wickwire Academy

**Community Health
Board Wellness
Grants in Action**



Who We Are

- Tara Smith, Chairperson
- Sue Beaumont-Rudderham, Secretary
- Betsy Hartt
- Gil Johnson
- Lisa Tarr
- Jeff Walker
- Ellen Fancy
- Carole Stemkowski
- Julie Folk
- Megan Vaughn
- Louise Hopper, Coordinator



Our Role In the New NSHA

- NSHA – Nova Scotia Health Authority; one governing body for health services in the province and one for the IWK
- We are a **legislated** entity within the NSHA, Health Authorities Act
- Our role is to **consult** and **engage** with our community to identify **population** health needs and communicate these needs to the NSHA
- We are a formal **link** between community and the Health Authority



Our Role in the Community

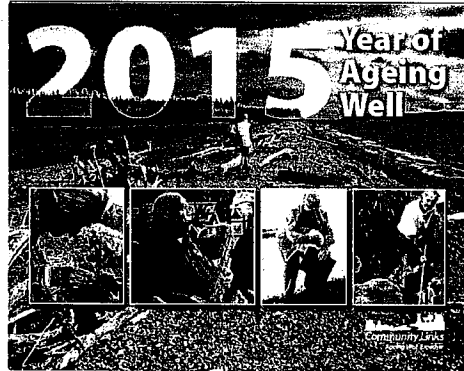
- We are a **catalyst** for change
- We initiate **conversations** about important issues in our community
- We **connect** groups and individuals, help avoid duplication and promote collaboration
- We **promote** health promoting programs and services (eg 211, Mental Health First Aid)
- We **advocate** for program and policy changes that are based on evidence and support healthy communities
- We **distribute funding** to community groups that offer health promoting programs
- We seek **accurate information** and communicate it to the public



What We Are NOT...

- There is some misconception about our role in the community.
- We are not/do not:
 - Monitor, coordinate delivery health services
 - Manage or govern hospital services
 - A not-for profit organization, we are volunteers of the NSHA
 - Coordinate projects or events
 - Deal with individual patient complaints





2015 Ageing Well Calendar produced by Community Links

Community Health Board Wellness Grants in Action



What the QCHB is doing...

- Partner of South Shore Active Communities
- Wellness Grants – yoga classes for all ages, curling equipment/programs, outdoor leadership programs, youth martial arts
- Advocating for re-instatement of MPAL program, afterschool physical activity opportunities
- Promote SouthShoreConnect.ca and 211

How can the RQM support these priorities...

- Re-instate the Municipal Physical Activity Leadership Program
- Participate in discussions and/or support afterschool physical activity opportunities for children and youth.

Physical Health and Wellbeing



What the QCHB is doing...

- Member of the L/Q Local Food Team
- Wellness Grants – school food fairs, Family Resource Centre cooking classes, cooking/lunch program at Greenfield Elementary
- Created 'Queens Eats' Facebook page – promoting local, healthy food, markets, producers and much more
- Advocating for edible landscapes

How can the RQM support these priorities...

- Edible landscapes – look to other local and national municipalities as examples
- Create a Healthy Food Policy for municipally owned facilities (eg Queens Place)

Healthy Eating and Food Security



What the QCHB is doing...

- Learning and sharing information about current resources for families
- Wellness Grants – food fairs, sex education videos, girl groups, outdoor classrooms
- Promoting 211 to increase community use of services
- Member of South Shore Child and Youth Network

How can the RQM support these priorities...

- Participate in discussions and/or support afterschool physical activity opportunities for children and youth.
- Actively promote 211 in the community

Healthy Child, Youth and Family



What the QCHB is doing...

- Held Mental Health First Aid Lunch and Learn and one course in South Queens and one in North Queens.
- Wellness Grants – SQMS Powerful Girls group, yoga, seniors transportation, seniors social events

How can the RQM support these priorities...

- Consider implications of policies and programs on mental health of individuals
- Be aware of the impact of mental health on the community

Mental Health



What the QCHB is doing...

- Learning about current status of addictions in the community and services available to support individuals with addictions
- Exploring supports needed by employers to work with employees experiencing addictions issues

How can the RQM support these priorities...

- Continue to support and enhance smoke-free by-laws

Addictions



SUMMARY

While we realize the RQM can support healthy communities in many ways, we are highlighting a few key areas we request focus in these areas.

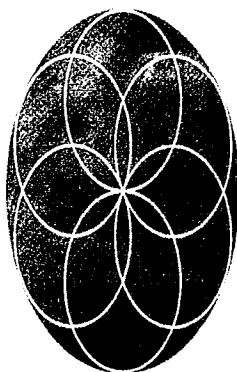
- Respond to QCHB 2013-2018 Health Plan
- Reinstate the MPAL Program
- Create edible landscapes
- Promote 211
- Explore need for afterschool time period
- Continue liaison at QCHB meetings
- Engage CHB in RQM community planning



° **THANKS! QUESTIONS!**

We're on Facebook! Or email us at qcchb-ss@nshealth.ca or call 354-5508

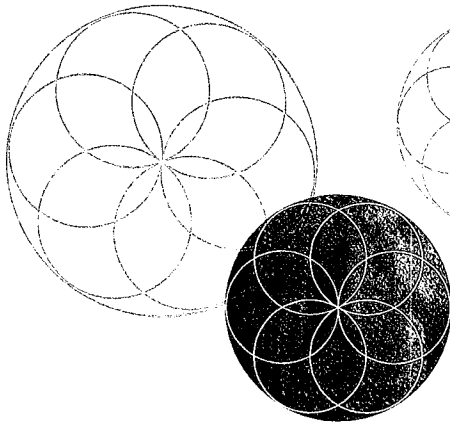




SEXUAL
ASSAULT
SERVICES

LUNENBURG &
QUEENS COUNTIES

Services for victims including medical, legal and immediate and long term supportive counseling.



SEXUAL ASSAULT SERVICES

LUNENBURG &
QUEENS COUNTIES

www.sas1q.ca
info@sas1q.ca

Sexual Assault Services Lunenburg
Queens Counties was launched in July 2015.
Over the past few years we have worked
to guarantee that victims of sexual assault
receive immediate and long term medical
and supportive care in their own communities.
Many service providing agencies and
organizations have come together to develop
an understanding of the best ways to provide
medical, legal and supportive care. Our
combined services enable victims and
survivors to maintain control of what
happens and who they choose to work with.

A wide variety of supportive services are in place in Lunenburg and Queens counties for sexual assault survivors. The following list of services gives a brief description and contact information for each. You may call any of the Sexual Assault Services partners on this list to start connecting with services. All of our partners have been trained to work with sexual assault victims and survivors in a sensitive and supportive manner.

Sexual Assault Nurse Examiner Program (SANE)

Acute medical care and forensic evidence collection at Queens General Hospital, Fishermen's Memorial Hospital and South Shore Regional Hospital
Phone: Unit 902-634-7304 / Office 902-634-8801, ext 3244

Harbour House

Transportation, support, counseling and referrals in Lunenburg and Queens Counties
Phone: 1-888-543-3999 support line 24/7
Website: www.harbour-house.ca

Second Story Women's Centre

Counseling, referrals, and other supportive services for women and girls
Phone 902-640-3044 or 543-1315
(both numbers ring to same phone; use whichever is a local call for you)
Website: www.sectory.com

Freeman House

Counseling, referrals, and other supportive services adults and youth age 16 and over
Phone: 902-543-7444 or toll-free 1 877 882-7722
Website: www.isvms.org

Mental Health & Addictions Intake Line

Phone: 902-543-5400

Sexual Health Centre Lunenburg County

Provides information and support on sexual
and reproductive health
Phone 902-527-2868
Website: www.sexualhealthlunenburg.com

NS Victim Services, Western Region

Provides a range of services to victims of crime
Phone: 1-800-565-1805

Mental Health Crisis Line

24 hour, 7 days/week, crisis support and mobile response
Phone: 1-888-429-8167

Bridgewater Police Service (for Town of Bridgewater)

Phone: 902-543-2464

Sexual Assault

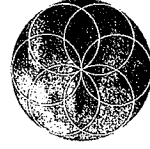
Does what happened to me
count as sexual assault?

If I have just been assaulted,
should I go to the hospital?

Who can I talk to?

Do I get to choose what
happens next?

The focus of Sexual Assault Services Lunenburg
Queens is to support victims and survivors
in making their own decisions about their care,
including who they do and don't talk to, how
much they tell them, what services they receive,
and whether they involve the legal system. This
brochure can tell you what options are available
and who to call for help.



SEXUAL
ASSAULT
SERVICES

LUNENBURG &
QUEENS COUNTIES

Sexual Assault: Did It Happen to Me?

A lot of people have experienced a sexual act they did not want. Maybe it was a long time ago, or maybe it just happened. You might wonder if what happened to you qualifies as sexual assault. It can be confusing.

Some people think that an experience with a partner can't be sexual assault, or that it isn't sexual assault if it wasn't physically violent. But actually, sexual assault spans a wide range of non-consensual sexual contact. In other words, if somebody did something to you that you did not want, that is sexual assault. If you didn't agree to it and you didn't want it (even if you didn't say "no"), it counts as sexual assault.

Common forms of sexual assault include:

- Unwanted kissing, touching or fondling
- Repeatedly using sexual insults toward someone
- Refusing to use condoms or restricting someone's access to birth control otherwise has your consent
- Unwanted rough or violent sexual activity, even with a partner who otherwise has your consent
- Deliberately causing pain during sex
- Deliberately passing on a sexually transmitted disease or infection
- Someone watching private sexual acts
- Someone showing his or her genitals
- Verbally threatening sexual assault
- Unwanted penetrative sex, including penetration of the mouth
- Attempted rape
- Unwanted sexual acts perpetrated by someone in a position of power, such as a teacher, psychiatrist, aide or prison guard
- Child molestation, which includes any of the above as well as:
- Intentionally engaging in sexual activity in front of a child
- Showing children pornography, or using children to create pornography
- Using a child to engage in prostitution

Keep in Mind

- Everyone has the right to decide what they do or don't want to do sexually. Not all sexual assaults are violent.
- Most victims of sexual assault know the assailant.
- People of all ages and genders can be victims of sexual abuse.
- People of most ages and all genders can be perpetrators of sexual abuse.
- Sexual abuse can occur in same-sex and opposite-sex relationships.
- Sexual abuse can occur between two people who have been sexual with each other before, including people who are married or dating.
- Sexual abuse can happen in families, in institutions, at home or on the street.

I was just assaulted...what now?

If you are 16 or over and have recently experienced sexual assault, we encourage you to visit a Sexual Assault Nurse Examiner (SANE) at any one of the three hospitals in Lunenburg or Queens Counties.

Victims under 16 will be referred to specially trained professionals in Halifax, where the best possible care can be provided for children and youth.

Visiting a SANE does not mean that you will have to report your assault to the police or RCMP, but it does mean that if you decide at any point to do so that you will have important supportive evidence available. Many survivors do not feel ready to speak with police right away, but may wish to at a later time. Forensic evidence from the exam can be stored safely and anonymously for up to 5 years.

Visiting a SANE is also a good way to immediately start getting the support you want. Before going to the hospital, it is important that you not wash, brush your teeth, or change your clothes. Place any article involved in the assault in a bag and bring it with you, if you need immediate assistance and safety you can call emergency services (911) or the police in Bridgewater for transportation to the hospital. You can also use your own transportation or call Harbour House at 1-888-543-3999 to arrange transportation.

SANEs are on-call 24/7 at Fishermen's Memorial Hospital in Lunenburg, South Shore Regional

Hospital in Bridgewater, and Queens General Hospital in Liverpool. You may choose to visit the hospital closest to where you live, or you may prefer to go to a different hospital for privacy reasons. Anyone can visit a SANE at any of the three hospitals, regardless of where they live.

Once you get to the hospital, you will be taken immediately to a private room so that you do not have to wait in the general waiting area. Mental health staff will be available to you for support during and after the exam. You may also choose to have any support person you wish stay with you, including a trained counsellor from Second Story Women's Centre, Harbour House or a friend or family member.

Depending on the nature of your assault the exam can take up to a few hours. SANEs will address any potential disease transmission and administer medication if called for. (They can do this without giving a full exam if you prefer.) The SANEs will work as quickly as possible and will check with you throughout the procedure to make sure you understand what is happening and that you are comfortable.

Afterward, continuing support will be available to you through the mental health staff. Long term support and referral is also available for female identified survivors through Second Story and Harbour House and for all survivors through Freeman House.

The words victim and survivor are both used in this brochure. Most often, criminal justice agencies use the term victim, while support services use the term survivor. You may prefer one of these terms over the other, or not care for either of them. You have the right to be identified by the term you are most comfortable with.

I was sexually assaulted a while ago. What are my options?

If your sexual assault took place more than a week ago, it may be too late to collect physical evidence. You can still talk to someone at Second Story Women's Centre, Harbour House, a SANE, the police or RCMP if you wish. This is true even if your assault happened to you a long time ago. There is no statute of limitation for sexual assault in Canada, so it is possible to pursue justice even for an incident that happened years ago or when you were a child.