

**For your safety and the safety of others, sharps should only be placed in a Safe Sharps container.**

**DO NOT** put needles, syringes or lancets in plastic bottles or jugs.

**DO NOT** put needles, syringes or lancets in garbage or recycling bags.

**DO NOT** flush needles, syringes or lancets down the toilet.

The Safe Sharps program is funded by Nova Scotia's pharmacies, sharps manufacturers and medication distributors. For more information, please contact your local pharmacy.

**Note:** *The Safe Sharps program does not include used sharps from medical, dental or veterinary clinics, home care professionals or farms. To properly dispose of these types of sharps, please contact your respective professional association.*

*Sharps generated by intravenous drug users can be disposed of or exchanged by contacting either of the following:*

Mainline Needle Exchange

(902) 423-9991 or Toll-free: (877) 904-4555

Sharp Advice Needle Exchange (S.A.N.E)

(902) 539-5556

# Safe SHARPS BRING-BACK PROGRAM

**If you use needles, syringes or lancets at home, it is important to handle them safely.**



# Sharps should only be placed in a Safe Sharps container.

Please follow these steps to safely dispose of syringes, needles and lancets.



Pick up a free Safe Sharps container at your community pharmacy or Canadian Diabetes Association (CDA) Supply Centre.



Place your used syringes, needles and lancets into the Safe Sharps container.



When the container is almost full, seal the lid.



Return the sealed container to your community pharmacy or CDA Supply Centre.

Used sharps must be handled properly. **DO NOT** put used sharps in plastic bottles or jugs for disposal. Also, **DO NOT** place sharps in recycling or garbage bags, as they may harm the people handling the garbage and recyclables. Needlestick injuries from used sharps may cause infections or diseases.

