

Perks for you!

Potential for Course Credit

Students can be awarded Grade 11 PD credit for completing certification.

You are eligible if you have completed:

- National Lifeguard Course
- Lifesaving Instructor Course AND EITHER
- Swim for Life Assistant Instructor or Swim for Life Instructor course

Proof of awards must be sent and approved by the school's Guidance Counselor:

<https://lifesavingsociety.ns.ca/index.php/high-school-credit>

Training subsidies

Region of Queens Municipality will pay 75% of Bronze Medallion, Bronze Cross, National Lifeguard, and Swim Instructor registration fees.

If registration fees or travel are a barrier to becoming certified, let us know so we can help!

Gain Work & Life Experience

Being a lifeguard & swim instructor can help you develop important skills such as:

- Communication
- Decision-making
- Teaching ability
- Leadership
- Responsibility
- Confidence
- Time management
- Situational awareness & emergency response

Discount registration PROMO code available to Queens County residents! Contact Meaghan Roberts for the code! Only approved participants can use the code.

National Lifeguards and Swim For Life Instructors are NEEDED for Region of Queens Municipality's seasonal outdoor pools in Caledonia and Liverpool!

~The opportunity for jobs is higher for candidates who hold full Lifeguard, Swim Instructor, and First Aid/CPR certifications. However, applicants who hold one or more of the following certifications could also be considered for employment:

- Lifeguard + First Aid/CPR
- Swim Instructor + First Aid/CPR
- Bronze Cross + First Aid/CPR, and 15 yrs of age

Want to Learn More?

Meaghan Roberts, Director of Recreation would be happy to discuss this exciting opportunity with you!

mroberts@regionofqueens.com
902-354-4422



We want
You
to join our Team!

Lifeguard & Swim Instructor Certification Courses

START NOW AND YOU COULD BE CERTIFIED BEFORE SUMMER 2026!

Courses start in January at the Lunenburg County Lifestyle Centre (LCLC).



Course Dates at Lunenburg County Lifestyle Centre (LCLC)

Bronze Medallion and Basic Workplace First Aid

Wednesday & Friday, (Jan 7 – Feb 6, 2026)

5:00-8:00pm

Pre-Requisites: 13 years of age on the exam date and/or Bronze Star certification

Bronze Cross and Intermediate Workplace First Aid

Wednesday & Friday, (Feb 11 – Mar 13, 2026)

5:00-8:00pm

Pre-Requisites: 14 years of age by exam date and completion of Bronze Medallion and Basic First Aid Certification

Swim For Life Instructor Course

Friday Mar 20, 2026 (5pm-9pm),

Sat Mar 21 & Sun Mar 22, 2026

(9am – 5pm)

Pre-Requisites: 15 years of age and completion of Bronze Cross

*also requires practice teaching hours

National Lifeguard Course

Wednesday & Friday, (Apr 8 – May 22, 2026)

Pre-Requisites: 15 years of age, completion of Bronze Cross and Intermediate Workplace First Aid

***registration not until March**

Registration for most aquatic courses opens:

December 10/25 (LCLC members) and

December 12/25 (non-LCLC members).

Registration opens

Wednesday, December 10th or 12th

for most aquatic courses. We have a

registration discount PROMO code

for Queens County residents! Only

approved participants can use the code.



Bronze Medallion and Basic Workplace First Aid

Tuesdays (Jan 7 – March 10, 2026)

5:30-8:00pm

Pre-Requisites: 13 years of age on the exam date and/or Bronze Star certification

Bronze Cross and Intermediate Workplace First Aid

Tuesdays (March 31 - June 2) 5:00-8:00pm

Pre-Requisites: 14 years of age by exam date and completion of Bronze Medallion and Basic First Aid Certification

***registration not until March**

National Lifeguard Course

Saturday & Sunday's (June 6,7,13,14,20,21)

9:00am-5:00pm

Pre-Requisites: 15 years of age, completion of Bronze Cross and Intermediate Workplace First Aid

***registration not until March**

Registration for most aquatic courses opens:

December 10/25 (LCLC members) and

December 12/25 (non-LCLC members).

Courses fill quickly, register online:

<https://www.connect2rec.com/> using the PROMO code!



REGION OF QUEENS
MUNICIPALITY

**We want YOU as part of our team!!!
Choose a job that makes a
difference in people's lives!**

You can start and finish training to become both a lifeguard and swim instructor before summer 2026.

Region of Queens Municipality wants to partner with Queens County youth and adults to help with covering the cost of certification. Upon successful completion of all required training, you could be offered an awesome summer job with the Region of Queens Municipality!

Your Path to Employment



Step 1 – Bronze Medallion

Step 2 – Bronze Cross

Step 3 – Swim Instructor and/or National Lifeguard

Step 4 – Certified as a Swim Instructor and/or Lifeguard.

Step 5 – Start working

**Contact Meaghan
Roberts, Director of Recreation
today to receive your registration
discount PROMO code.**