

100 Fun, Safe AND Free Things to do in Queens County during Covid-19

1. Instead of watching your children or grandchildren play a video game, get them to teach you how to play.
2. Call a neighbour that lives alone and chat with them to learn more about them and their family and offer to help them if they are unable or unwilling to leave their home.
3. Consider taking a free on-line computer course to expand your skills preparing presentations, making databases of recipes, or cataloging your collections.
4. Pull out some old board games and see if you remember how to play without reading the rules.
5. Catch up on the daily news that is not COVID-19 related on your favourite television, radio or newspaper website or blog.
6. Puzzles are now the rage. How about we show chess, checkers, snakes and ladders, and hopscotch some love so they don't feel left out.
7. Conduct an assessment of the Municipality's websites that you use and make suggestions for improvements, information that might be missing, or information that is not necessary.
8. Walk along the rugged coastline in your neighbourhood, bring a garbage bag with you, and pick up litter and marine debris. Remember to walk for exercise, not to socialize.
9. Sign up for a free trial on a genealogy website and try to find at least one relative you weren't aware of.
10. Write a letter or two, or three to a relative, neighbour, or someone you don't know in a senior's residence, nursing home, or residential care facility.
11. Paint a bunch of rocks, put them in your garden or when it's safe hide them along trails for others to find.
12. Clean up your garden because the weeding is never really done.
13. Plant the seeds of the fruit you're eating and watch them grow!
14. Learn a new skill, like knitting or origami – YouTube is a great resource!
15. Take pictures and share with others around the world to promote all the great reasons to live in Queens County.
16. Take a virtual walk through Ivan's Concrete Creations at www.concretecreations.info/
17. Do an (inside or outside) scavenger hunt in your house or yard.
18. Try a new recipe from an old recipe book.
19. Do some baking and share it with others in your neighbourhood.
20. If you must leave your property, go out of your way to say something kind to a worker or another person to meet from at least 2 metres away. It will make both of you feel good.
21. Go on-line to www.southshorepubliclibraries.ca and register for a library card and free access to thousands of resources.
22. Do a puzzle from a book, newspaper or box.
23. Draw, paint, or colour and let your imagination run wild.
24. Have a family talent show.
25. Check out many of the free resources available online for kids (Scholastic has 20 days of free learning!)
26. Take a virtual tour of a museum or art gallery. Thank you [Google Arts & Culture!](#)
27. Dress in your finest and go to the opera! [Metropolitan Opera](#) is offering free nightly streaming.
28. Do an online exercise or dance class.
29. Many musicians are offering free concerts online, watch one!
30. Learn to rug hook with a free introductory class at www.hookingrugs.com.
31. Dive into a good book! Maybe even a do-it-yourself book to learn a new skill.
32. Want to get smarter! Take a free class with an Ivy League school.
33. Download the free Duolingo app and learn a new language! Japanese? Why not?

34. Look through seed catalogues online and plan a vegetable garden – even if it’s in containers.
35. Clean out your kitchen cupboards, one cupboard per day.
36. Learn to identify three birds by their songs for Spring; Chickadee, Song sparrow, American robin, or another of your choice.
37. Whittle a spoon.
38. Research building a bat house on-line and build one with scrap wood.
39. Look up “Couch to 5k” running plans on the internet and consider signing up for the Liverpool Privateer 5 Mile race on June 27 and make a running plan.
40. Sort through Christmas decorations and throw out unused items, or save them and donate to the Hospital Hustle.
41. Dust off your bicycle and go for a ride or donate it to the Municipality’s bike exchange program to give to someone else in need.
42. Remember how to hula-hoop? Try making one with materials found around the house.
43. Can you juggle? If not, now is the perfect time to learn.
44. Memorize a poem, song, or religion book verse.
45. Write a poem, or a song!
46. Do a 10-minute daily yoga routine – look up ‘Yoga with Adriene’ on YouTube.
47. Pick up the phone and call someone you haven’t spoken to for years.
48. Go through boxes of old photos, photo albums, or school class photos and see if you can remember everyone’s name.
49. Plan a summer camping trip to one of our local campgrounds.
50. Make a start on next winter’s firewood (and kindling).
51. Clean out the car, and go for a drive along a road you’ve never been on before.
52. Do a pushup, or a pullup, or a squat or a lunge. Then double it the next day.
53. Write an email to a newspaper or magazine on a subject you feel strongly about.
54. Didn’t solve the Rubik’s cube 20 years ago. Try again now.
55. Create a personalized meme for use on your social media accounts.
56. Go bird watching in your yard and count how many different species you see and hear.
57. Start your spring cleaning (inside and outside).
58. Research geocaching. Queens County has a county-wide program with prizes when it is safe to do so! Plan your Queens County route now.
59. Create a photo book of your favourite pictures and turn them into a colouring book for your children and grandchildren to colour and provide their perspective of colours. Resources for doing so are on-line.
60. Register for the Region 6 Recycles app to get alerts when your solid waste day is and when there are delays in your collection, and play fun educational games.
61. Stargaze, what planets and constellations can you identify? There are apps to help.
62. Sit quietly, and think of all the peace and beauty there is in the world and dream about where you would travel if money was not a barrier.
63. Make a bucket list of must things to do in your life.
64. Skip! Yes, find that old skipping rope and see if you can remember the songs.
65. Build a fort in your living room.
66. Start a walking program, 10 minutes per day building up to 30 over time.
67. Walk with a purpose by checking in on neighbours and/or doing a roadside cleanup; do so to exercise, not to socialize.
68. Clean your shed or basement and donate items you don’t need to charity.
69. Go through your book collection and donate those you don’t want to the Queens Day Care or other not-for-profit that accepts books.

70. Kick a soccer ball around your yard or into a net and practice your goal hollering “Gooooooooaaaaaalllllllll”.
71. Make some play dough, create some unique creations and paint them, then post on line to show your friends and family.
72. Play yard hockey with your family in your yard. And remember to take turns being the goalie.
73. Throw a Frisbee in your yard, or a boomerang.
74. Conduct some research on future Queens County Olympian Sarah Mitton and learn how her results have continued to improve with hard work and determination.
75. Find your old yo-yo and see if you still remember how to walk the dog, do an around the world, or make your yo-yo sleep.
76. Help your parents, grandparents or spouse with some chores and cleaning around the house. Yes, it can be fun!
77. Host a virtual book club.
78. Start planning your beach volleyball team for play on the new outdoor beach volleyball court in Caledonia.
79. Meditate
80. Practice mindfulness
81. Dance in your living room with the music turned up loud.
82. Start a “Caremongering” group to help people unable or unwilling to venture out to get necessities.
83. Explore your inner Scientist and get geeky with some fun, messy science – some of these ideas are fine in the kitchen – others may be better suited to outdoors. See how high your soda fountain will go with Mentos in cola (step back after you drop them in the bottle!!) Check out some fun experiments that use common household ingredients at: <https://funlearningforkids.com/science-activities-preschoolers/> the site says fun for preschoolers, but – science is fun for all ages!
84. Put the wonders of modern technology to work for you – use Facetime, or other video chat features to stay in touch with friends and family members. You can “get together for coffee” or “hang out” virtually and in real time, only without the social distance concerns.
85. Pretend you’re a trivia quiz master and look for some unique and interesting trivia questions and try to stump your family and friends.
86. Start writing your autobiography.
87. Nominate someone deserving for an award like the Ripple Effect.
88. Play a game of bridge or cribbage with someone who has never played before so you can teach them.
89. Watch magic tricks on-line and try to copy one successfully with others.
90. Sign up to volunteer with one of Queens County’s five volunteer fire departments.
91. Offer to be a mentor or volunteer with the Queens County Duke of Edinburgh program.
92. Sign up to receive regular information from a favourite environmental group to learn more about what you can do to positively improve the world.
93. Split up some house plants and share with others.
94. Send a letter to your favourite actor, celebrity, or sports celebrity.
95. Offer to volunteer with a local service club.
96. Starting growing a pumpkin seed inside and get it ready to plant outside and see if you can set a new world record.
97. Sign up to be a blood donor if you are not already a blood donor. The need never stops.
98. Create an on-line blog and share your thoughts on an area of passion to you with others each week.
99. Watch some old DVD or VHS movies.
100. Fix something that has been broken for a while and you keep meaning to get to.