

Volunteer FAQs

Logistics of Volunteering

When to Arrive?

- Please arrive 5-10 minutes early for your shift
- On-site training for all tasks will be done every day at the start of every shift

What to Wear?

- Comfortable shoes and casual clothing
- Avoid wearing logos on your clothing, particularly of workplaces or schools
- Warm outdoor clothing, as some activities will be outside
- Face masks (any additional PPE required will be provided)

What to Bring?

- Snacks (please avoid nuts if possible) to keep in the back room
- Water bottle

Risks of Volunteering

What is the risk to me as a volunteer?

- Your ***risk is low***: these pop-up clinics only test symptom-free individuals, a very low-risk population
- Anyone symptomatic is refused entry the clinic and instructed to call 811 for a separate test
- You will be provided with safety training and any additional PPE required (mostly for swabbers and testers)
- If you are uncomfortable with swabbing or handling test samples, there are other more distanced volunteer tasks for you such as registration and texting of results

Do we have to take any further precautions after the testing?

- ***Nothing extra but be diligent!*** Treat a shift at the clinic the same as you would going grocery shopping right now: continue following public health guidelines including mask-wearing, frequent hand washing, social distancing, and keeping to social bubbles of 5 or fewer people.
- For the sake of others and yourself, tighten your bubble as much as possible - unmasked close interactions are especially likely to have COVID spread, so keep a list of how many people you see and be sure it's tight.

Do we need to be tested ourselves later?

- We are hoping that everyone in Nova Scotia gets a test, you included!
- Any time is a great time to get tested, and you can definitely ask for one at the end of your shift or come back another day

And will we be considered a contact of the infected individual?

- ***No, you will not be considered a contact*** because you will have been given the PPE and training to protect yourself during your shift.

Should I self-screen for symptoms every day?

YES! Whether you are volunteering or not, it's the new way to start your COVID day.

What else can I do?

- Download the COVID alert app and ask your family and social acquaintances to do the same - it helps (ask each time you get together)! No one remembers where they were 13 days ago, nor for how long! The COVID alert app will help track who was near you.
- Remember...anyone you unmask around counts toward your social bubble - COVID choices!