

## **Fitness Instructor Training Subsidy (FITS) Guidelines**

### **Purpose:**

The Region of Queens Municipality Recreation and Community Facilities Department may provide funding to assist with the certification of Fitness Instructors to increase the number of community land based fitness classes offered in Queens.

The Department will consider provision of financial assistance to individuals to be trained and recertified as instructors to meet the needs of the public in Queens seeking fitness classes.

### **Guidelines:**

1. Upon completion of a fitness instructor training course (ie; through NSFA, etc.), Queens County residents must provide a photocopy of their receipt of payment for the course, along with a copy of their certification(s). Upon submission of both items, a cheque will be requisitioned for 50% of the course fees and mailed to the applicant within 2 weeks.
2. In the event that the applicant currently is certified and requires a recertification, a copy of the recertification certificate(s), along with a copy of the receipt for payment of the recertification fee is required to be submitted prior to a cheque being requisitioned in the amount of 50% of the recertification fee.
3. The program does not cover any supplemental costs such as travel, meals and accommodations.